

General Information for stitches/staples

Stitches or staples have been used to close your wound.

Some stitches dissolve by themselves and don't need to be removed; you will have been told if this is the case.

If your stitches do need to be removed, please arrange to see the Practice Nurse, based at your GP's surgery, in days to do this.

It is best to keep the wounded area elevated for at least the next 2 days to reduce swelling and improve healing – you may have been given a sling to do this.

Try to keep your wound clean and dry until the sutures are removed.

If you have a scalp wound you may gently wash your hair (a baby shampoo would be best for this) and dry it carefully.

A dressing should be kept dry. If it becomes soiled or wet, remove it and replace it with a dry one, or see either your local chemist or your practice nurse.

Danger signals and what to do

Signs of infection include excessive pain, swelling, redness, pus and heat.

Other danger signals include pins and needles or loss of feeling.

If you have any of these symptoms or if you re-injure the area, contact you GP straight away or if unavailable your local Emergency Department.

Itching is common while healing. Moisturiser such as E45 may help.

Numbers of stitches	Inserted on	For removal on

Anti-tetanus cover up to date	Anti-tetanus booster given	Patient unsure about anti-tetanus status, please check

If you would like a written or taped translation of this information please contact, Service Equality Manager on 0116 2584382.

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আপনি যদি এই লিফলেটের অনুবাদ - লিখিত বা অডিও টেপে এ চান, তাহলে অনুগ্রহ করে সার্ভিস ইকুয়ালিটি ম্যানেজার ডেভ বেকার'এর সাথে 0116 2584382 নাম্বারে যোগাযোগ করুন।

Haddaad rabto warqadan oo turjuman oo ku duuban cajalad ama qoraal ah fadlan la xiriiir, Maamulaha Adeegga Sinaanta 0116 2584382.

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਸ ਲੀਫਲਿਟ ਦਾ ਲਿਖਤੀ ਜਾਂ ਟੇਪ ਕੀਤਾ ਅਨੁਵਾਦ ਚਾਹੀਦਾ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਡੈਬ ਬੇਕਰ, ਸਰਵਿਸ ਇਕੁਅਲਿਟੀ ਮੈਨੇਜਰ ਨਾਲ 0116, 2584382 ਤੇ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو اس لیفلٹ کا تحریری طور پر یا ٹیپ شدہ ترجمہ درکار ہو تو برائے مہربانی سروس ایکوالٹی مینجر ڈیب بیکر سے ٹیلیفون نمبر 0116 2584382 پر رابطہ قائم کریں۔

ਜੇ ਤਮਨੇ ਆ ਪਤਰਿਕਾਨੂੰ ਲੇਖਿਤ ਅਥਵਾ ਟੇਪ ਉਪਰ ਲਾਖਾਂਤਰ ਜੇਹੰਨੂੰ ਛੋਖ ਤੇ ਮਠੇਰਆਨੀ ਕਰੀ ਤੇਯ ਖੇਕਰ, ਸਰਵਿਸ ਏਕੁਅਲਿਟੀ ਮੈਨੇਜਰ ਨੇ 0116 2584382 ਉਪਰ ਸੰਪਰਕ ਕਰੋ.

यदि आप को इस लीफ़लिट का लिखती या टेप पर अनुवाद चाहिए तो कृपया डैब बेकर, सर्विस ईक़ुअलिटी मैनेजर से 0116 2584382 पर सम्पर्क कीजिए।

General discharge information
about

Stitches

Emergency Department
Leicester Royal Infirmary
Telephone: 0116 258 5647